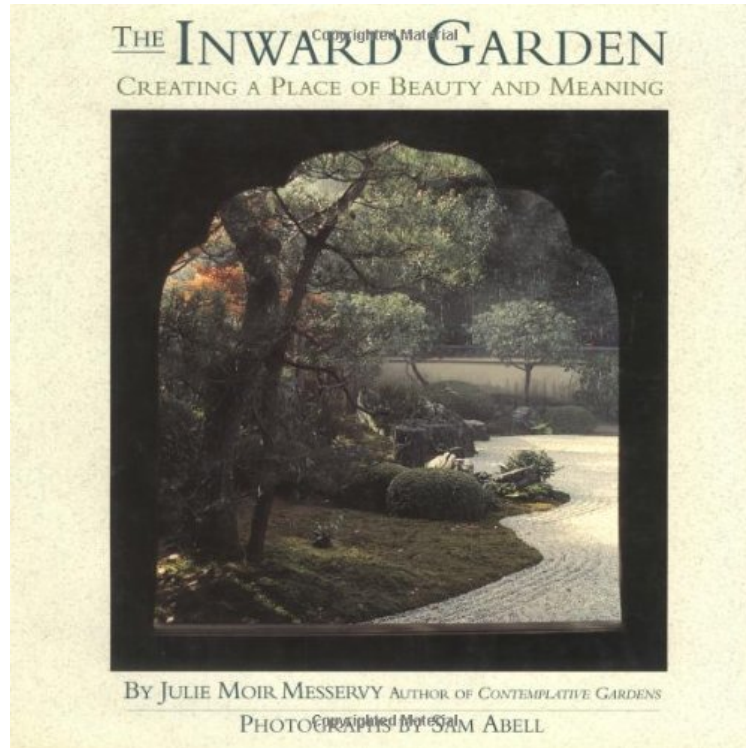


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## The Inward Garden: Creating a Place of Beauty and Meaning

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**Messervy : The Inward Garden: Creating a Place of Beauty and Meaning** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Inward Garden: Creating a Place of Beauty and Meaning:

2 of 2 people found the following review helpful. Absolutely fabulous!By Anne DwyerThis is one of my all time favorite books, period. It is a gardening book which provides a process of discovery, as much about the gardener as the garden being designed. This is not a straightforward how-to, but a quietly deep investigation and guideline for the creative process in general. A way of connecting to one's self whether a garden is currently in the works or not. A pioneer gardener offers stunning photos of the results of her process, inviting and encouraging the reader to embark on their own investigation.0 of 0 people found the following review helpful. Five StarsBy Heather J. GreenawayA wonderfully thoughtful book by an expert designer about the process of creating meaningful exterior places.1 of 1 people found the following review helpful. A Bridge to the SoulBy Edward AllenJulie Moir Messervy goes deep within the human soul to find inspiration for gardens. In this beautifully-produced volume she shares her knowledge of how to do this. She lays out a method that anyone can follow to design a garden that is uniquely their own. If you should choose not to follow this method, you will still find the book richly rewarding in raising your awareness of who you are, what you value most, and how this information can influence the design of your garden.

The author, a landscape design consultant, explains garden design principles, with an emphasis on contemplative gardens. This book guides the user to designing an area with the eye of an architect, incorporating individual, emotional, psychological and spiritual factors.

About the Author Julie Moir Messervy is an award-winning author of four books including *The Magic Land*, *Contemplative Gardens*, and *Outside the Not So Big House*. Among her notable works, Messervy collaborated with Yo-Yo Ma and the City of Toronto to design a three-acre Music Garden at the Toronto Harbourfront based on a suite by J.S. Bach. Messervy is the 2006 recipient of the Association for Professional Landscape Designer's Award of Distinction. She lives in Saxtons River, Vermont ([www.JulieMoirMesservy.com](http://www.JulieMoirMesservy.com)) Sam Abell is a contributing photographer-in-residence for National Geographic. Among his prodigious published photographic output of cultural and wilderness subjects, his books include *Sam Abell: The Photographic Life* and *Julie Moir Messervy's Contemplative Gardens*.