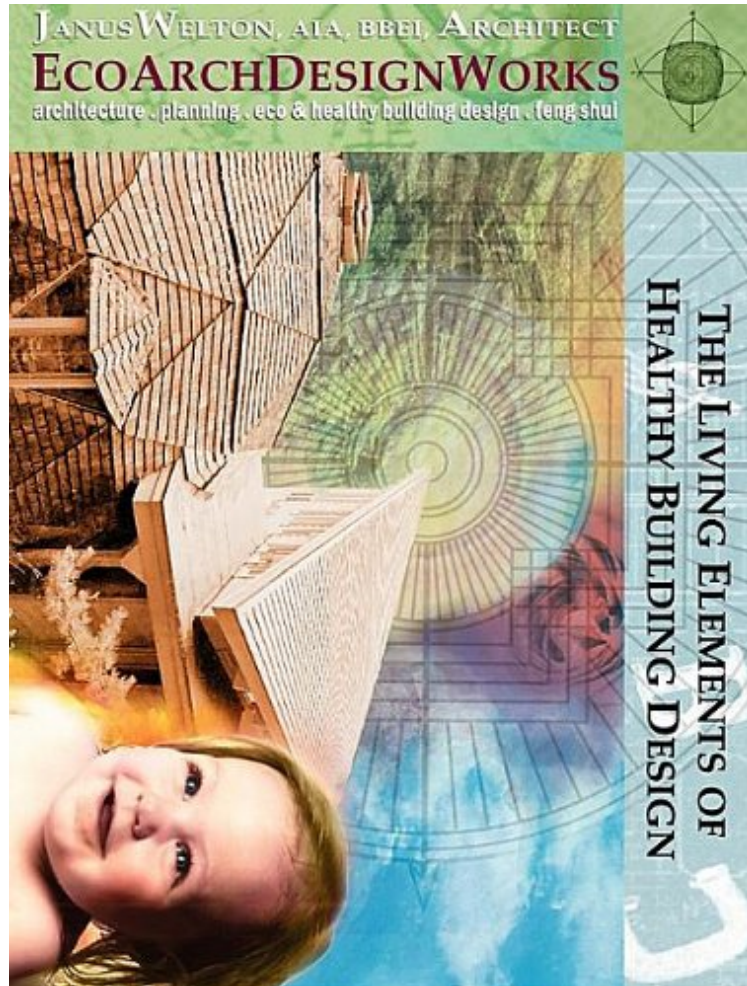


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The Living Elements of Healthy Building Design

Janus Welton AIA BBEI Architect
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Based on 15 years of wide ranging study, THE LIVING ELEMENTS OF HEALTHY BUILDING DESIGN is the first in a series of guidebooks that accompany workshops of the same name to educate and clarify the impact of current building practices and materials on the indoor environment and human health in a form accessible to laypersons and

professionals alike—from homeowner to non technical designer. To simplify and substantiate this wealth of information, the author organizes the material through the lens of the Living Elements: Earth, Metal, Water, Wood, Air, and Fire—emphasizing the interrelationship between human life, the earth, and the cosmos. This reference and its companion volumes (soon to be published) supports the concept of "Conscious Architecture", an innovative and integrated model of architecture and design that inspires harmonious structures, where natural elements purposefully intermingle with form, color, light, and sound to create holistic and healthy buildings that contain and reflect the wholeness of nature and its expression in the human spirit.

About the Author Janus Welton, AIA, BBEI, is a multi-disciplined Architect, Building Biology and Environmental Inspector, Classical Feng Shui Practitioner, Author and Educator. She discovered the hard way that poor building practices contribute to poor health. Her vision is to share with those who need it the most her holistic philosophy that recognizes the wholeness and spirit of place as a reflection of the human spirit. Ms. Welton teaches in Manhattan for the New York School of Feng Shui and the International Institute of Feng Shui and Ecology. She has practiced Building Biology for over half of her 25 year career as an Eco-Architect and Sustainable Designer. She dedicates her work to both innovative and life-sustaining curriculum development and award winning architectural design in service to a healthy future for her grand niece (pictured on the cover) and all humanity.