

(Free read ebook) The Minimalist Gardener: Low Impact, No Dig Growing

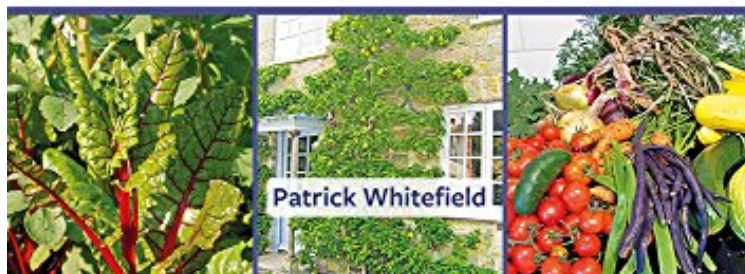
The Minimalist Gardener: Low Impact, No Dig Growing

Patrick Whitefield

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The Minimalist Gardener



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Patrick Whitefield : The Minimalist Gardener: Low Impact, No Dig Growing before purchasing it in order to
gauge whether or not it would be worth my time, and all praised The Minimalist Gardener: Low Impact, No Dig
Growing:

Low input, year-round no-dig gardening that provides your kitchen with fresh healthy food, without breaking your
back Written by an acknowledged expert, this friendly guide will help you grow food in whatever space you have
large or small, rural or urban with minimal purchased inputs, and maximum satisfaction. This is the first in a collection

of Patrick Whitefields pioneering writings, celebrating his life. It explores a cutting edge of permaculture gardening that is eminently practical and visionary all at the same time. Patrick describes an evolving system that is totally chemical free, requiring little input from outside the garden gate. His minimalist approach uses techniques such as no-dig, raised beds, perennial vegetables and self-seeding salads as ground cover, and mulching when appropriate. This minimizes garden maintenance whilst growing an abundance of produce year round. Patrick describes how to select plants based on what you like to eat and how to combine them in polycultures that confound would-be pests. He mixes annual hybrids, heritage varieties and perennial vegetables and has a pragmatic approach to selecting seeds and seed saving. There are also tips on fruit growing, from berries to fruit trees, including how to choose rootstocks and varieties.

This collection of Patrick's writings show what a clear-thinking and knowledgeable pioneer he was. Shining through with tremendous value is his obvious practical experience. Martin Crawford, author of *Creating A Forest Garden and Trees for Gardens, Orchards and Permaculture*; full of practical, achievable real life examples and projects this book is a wonderfully comprehensive guide to growing a productive, low maintenance garden in a small space. A great collection of Patrick's lifetime of permaculture knowledge and wisdom. Anna Kelsey, author of *Edible Perennial Gardening*; packed with design principles and examples for small gardens, Patrick's down-to-earth legacy continues to inspire. Ben Law, woodsman, ecobuilder and author of *The Woodland Way* and *The Woodland House*. About the Author Patrick Whitefield (1949 2015) was an early pioneer of permaculture, adapting Bill Mollison's teachings with a strong Southern Hemisphere bias to the cooler, maritime climate of the British Isles. He wrote a number of seminal books, including *Permaculture in a Nutshell* (1993), *How to Make a Forest Garden* (1996), *The Living Landscape* (2009), *How To Read the Landscape* (2014) and his magnum opus, *The Earth Care Manual* (2004), an authoritative resource on practical, tested, cool temperate permaculture. Patrick appeared in several BBC TV programmes, popular gardening videos, and taught many permaculture and other practical courses, throughout the UK.