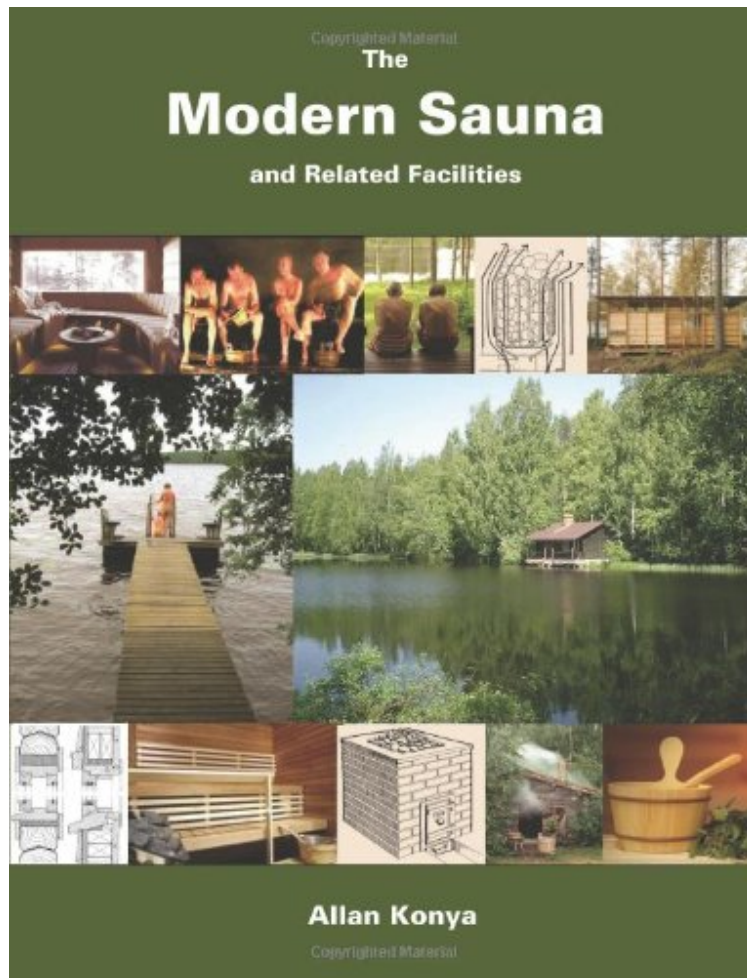


The Modern Sauna and Related Facilities

Allan Konya

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Allan Konya : The Modern Sauna and Related Facilities before purchasing it in order to gage whether or not it would be worth my time, and all praised The Modern Sauna and Related Facilities:

0 of 0 people found the following review helpful. Nice guideBy NicoleThe book may look dated but the content is solid. Fantastic detailed table in the back to determine which woods perform best for different sauna components.2 of 2 people found the following review helpful. Comprehensive and BeautifulBy saunaerThe author sent me an advance copy of this book for review. I was very pleased and impressed, first by the encyclopedic coverage of saunas, from traditional to modern, with chapters on all the parts, pieces, functions and designs.This book is a comprehensive and up-to-date reference manual. You could use it to plan and build a sauna. It would guide you through site planning and architecture, wood and materials selection, proper construction techniques, all the way to how to relax after enjoying your sauna.This is also an art book with beautiful photographs, paintings, illustrations and technical drawings on every topic, from stoves and ventilation to benches and ladles. I particularly enjoyed the author's extensive treatment of

sauna relatives, such as Turkish and Roman baths, and his photographs of the range of Finnish saunas, from classic log and sod-covered smoke saunas to the sleek ultra-modern designs. I highly recommend this book. 3 of 4 people found the following review helpful. The best book on the subject By Mr Franz I M Vandenberg A superb guide, both inspirational and informative, covering everything from the history of the sauna to its use, its planning, and its detailed construction and fitting-out. The author clearly loves and understands his subject, and has produced an extraordinarily comprehensive, detailed, and richly illustrated textbook.

This highly practical book is impressive in its thoroughness. It is an 'everything you need to know' reference complete with full design and construction details along with numerous examples of excellence from Finland, Sweden and the USA. It is illustrated with over 150 drawings and more than 300 photographs most of which are in colour. What reviewers have said about an earlier work by Allan Konya on this subject: "The book has been assembled with obvious devotion to, and a quietly persuasive enthusiasm for, the subject and is packed with pictures and drawings capturing that enthusiasm. It is a must for anyone designing or building a sauna or thinking about owning one". The Architects' Journal "Allan Konya has written the most complete text on the Finnish sauna, covering the broad spectrum from the origin and rituals (something often overlooked), design and construction, materials, siting and layout. Every facet of the subject is thoroughly covered in detail and one comes away feeling he has finally understood what it takes to make a 'good' sauna. ...Anyone interested in designing, building or using a sauna should try to locate this book. It is the 'bible' of the Finnish sauna and is far superior to any other text on the subject. I have designed and built several saunas and still find useful information and inspiration in this book". Amazon.com