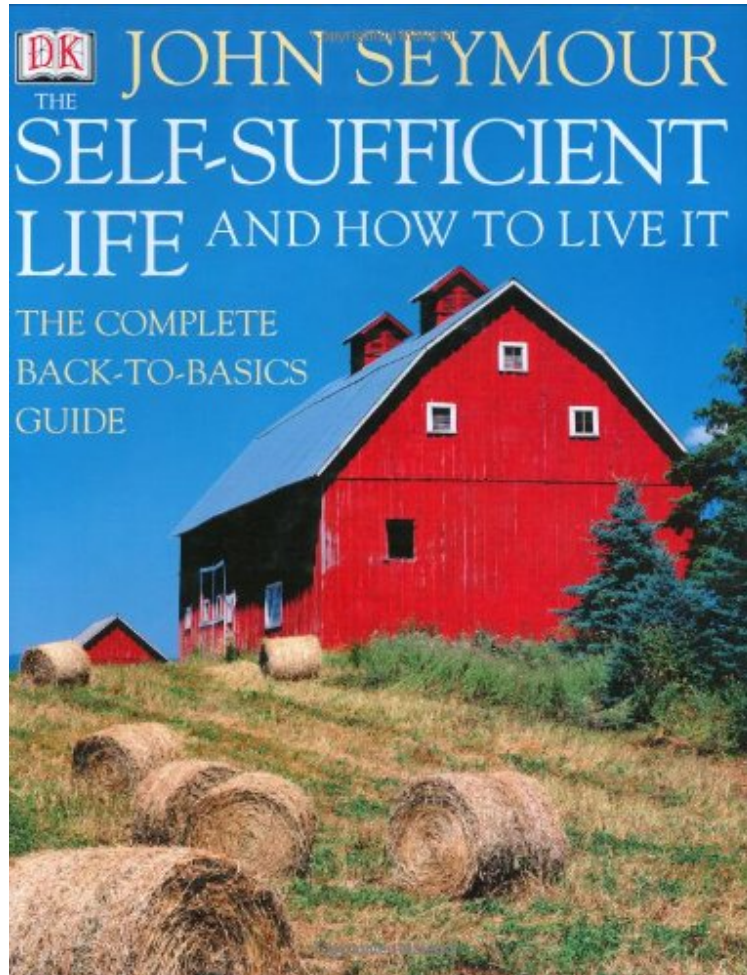


(Download) The Self-sufficient Life and How to Live It

## The Self-sufficient Life and How to Live It

*John Seymour*

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**John Seymour : The Self-sufficient Life and How to Live It** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Self-sufficient Life and How to Live It:

3 of 3 people found the following review helpful. One of the greatest books you can buy on farming. By Adam I grew up on a family farm in the "Deep South". I've read so many books on farming that I couldn't begin to list them, everything from technical manuals to the Foxfire books. I'd have to say that this one was my favorite. The techniques herein are fantastic, and address everything from slaughtering hogs to making whiskey. While this book (and a strong back, some tools, and a desire to better yourself) isn't all you'll need to manage a farm properly, Seymour shares some wonderful ideas, more than I few of which I hadn't read anywhere else. This book focuses on "smallholding", which is the idea of raising animals and growing crops that all support one-another, so as to decrease reliance on outside resources. It's an excellent and functional way to farm. Do be advised that a lot of his planting advice is geared more toward cooler climates, so you might want to have an additional manual for additional plants (ones not covered in-

depth) if you live in a warmer part of the world.0 of 0 people found the following review helpful. This is your next best betBy Tyrone ScottIf you can't get your hands on *Country Life* by Paul Heiney, this is your next best bet. Nicely illustrated and covers all elements of what it takes to become reliant upon yourself and your land. This book would prove useful to anyone interested in any component of self-sufficiency from a small garden patch to a working farm.0 of 0 people found the following review helpful. Interesting book with good advice about countryBy Francis PuigInteresting book with good advice about country living

*The Self Sufficient Life and How to Live It* is the only book that teaches all the skills needed to live independently in harmony with the land harnessing natural forms of energy, raising crops and keeping livestock, preserving foodstuffs, making beer and wine, basketry, carpentry, weaving, and much more. This new edition includes 150 new full color illustrations and a special section in which John Seymour the father of the back to basics movement explains the philosophy of self-sufficiency and its power to transform lives and create communities. More relevant than ever in our high-tech world, *The Self Sufficient Life and How to Live It* is the ultimate practical guide for realists and dreamers alike.

"John Seymour, self-sufficiency guru, offers a wealth of ideas to get you started." -- Sentinel  
"This book ... will appeal to those seeking simpler and environmentally responsible ways of living ..." -- Library Journal  
About the Author  
John Seymour is the author of over 40 books, including *The Complete Book of Self Sufficiency*, *The Forgotten Arts and Crafts*, and has made numerous movies and radio programs devoted to rural matters, self-sufficiency, and the environment.