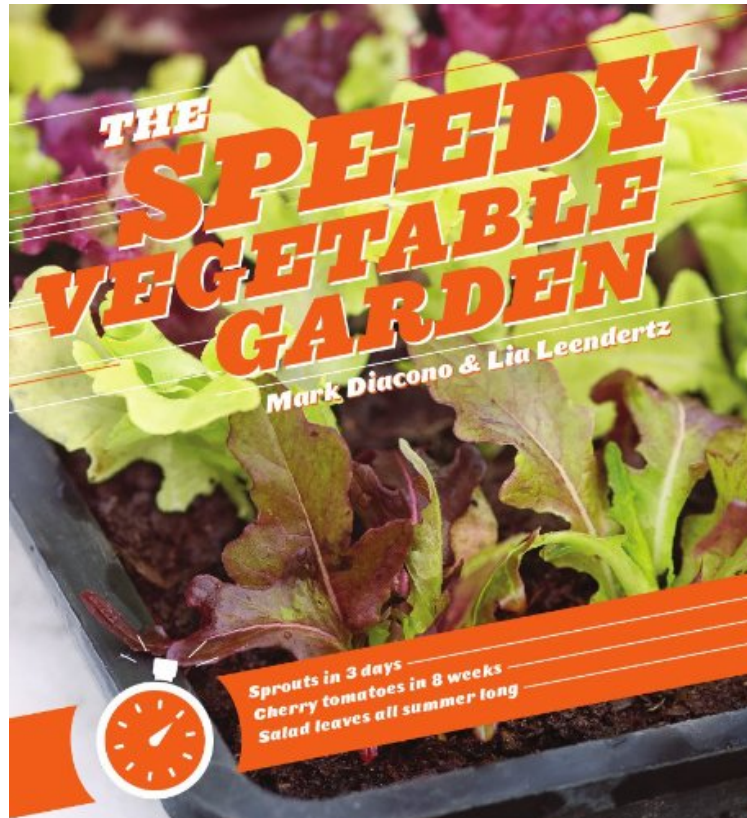


The Speedy Vegetable Garden

Mark Diacono, Lia Leendertz

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Mark Diacono, Lia Leendertz : The Speedy Vegetable Garden before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Speedy Vegetable Garden:

1 of 1 people found the following review helpful. Good for a quick overview By Barb Book is great in concept but doesn't give enough detail for a beginner. Some good ideas for more experienced growers. 1 of 1 people found the following review helpful. Good, could be better. By Gilbert Levy This book, Speedy Vegetable Garden, is about many micro vegetable possibilities, it is good and has given me a few good ideas on what to grow quickly. It is short on what size, in inches, of container to use for these vegetables, such as carrots or lettuce. Worth the price. 10 of 0 people found the following review helpful. helpful By Cathy N I'm newish at gardening and this book is giving me some good ideas. It explains with enough detail, and is clearly written.

Typically, vegetable gardening is about the long view: peas sown in spring aren't harvested until summer, and tomatoes started indoors in February can't be eaten until July. But it's not true for all plants. Some things can be planted and eaten in weeks, days, even hours. The Speedy Vegetable Garden highlights more than 50 quick crops, with complete information on how to sow, grow, and harvest each plant, and sumptuous photography that provides inspiration and a visual guide for when to harvest. In addition to instructions for growing, it also provides recipes that

highlight each crop's unique flavor, like Chickpea sprout hummus, stuffed tempura zucchini flowers, and a paella featuring calendula. Sprouted seeds are the fastest. Microgreens can be harvested in weeks: cilantro, 14 days after planting; arugula and fennel in 10 days. And a handful of vegetable varieties grow more quickly than their slower relatives, like dwarf French beans (60 days), cherry tomatoes (65 days), and early potatoes (75 days). The Speedy Vegetable Garden puts fresh, seed-to-table food at your fingertips, fast!

From Booklist Here's the book for vegetable gardeners in a hurry. Diacono and Leendertz present 50 crops that are at their best when grown rapidly. These include plants that are not traditionally quick to harvest, but are actually improved by being picked when immature. Think sweet, tender baby carrots, for example. Sunflower and radish sprouts can be ready for sprinkling on salads in less than a week. Micro greens, tiny seedlings of arugula, fennel, cilantro, and various herbs, provide bursts of concentrated flavor as salad ingredients and flavorings when harvested a week or so after germination. Edible flowers and early-harvest vegetables (cherry tomatoes in 65 days) are just some of the rest rounding out quick-harvest choices, presented lusciously in full-color photos. The authors also remind readers that soaked nuts and seeds, ready in just hours, are delicious superfoods due to the bioavailability of nutrients during germination. With sources and index, this unusual vegetable-growing book should attract everyone interested in planting a kitchen garden. --Whitney Scott A colorful, mouth-watering guide to (almost) instant gratification in the garden. . . . For those looking for something new in the kitchen and the garden, this is an attractive guide. Publishers Weekly With sources and index, this unusual vegetable-growing book should attract anyone interested in planting a kitchen garden. Booklist Some people don't have room for an expansive garden. Others don't have the time. Lia Leendertz and Mark Diacono have solved both problems with *The Speedy Vegetable Garden*. Their 208-page book gives readers step-by-step instructions on how to grow and harvest fresh vegetables in the blink of an eye. Chicago Tribune A book to order and have at your side when you are poring over seed catalogs. Gardens Illustrated I absolutely love this book! I love the idea of learning how to sprout seeds, and knowing which types of foods can be grown in just a matter of days. What a great resource not only for everyday use, but for emergency situations as well! New Life on a Homestead An excellent reference book for anyone trying to get children interested in gardening, dealing with a short growing season, or simply lacking in patience. Eat Drink Better This book makes vegetable growing fast, fun, and pain-free as it guides readers through cultivation, recommended varieties, and harvesting their new garden. Michigan Gardener This will be the new go-to guide for sprouting and picking vegetable varieties that are quick to produce. Garden Therapy The young authors provide plenty of photos, illustrations, recipes, and inspiration for those who have little space, not much time, or dwindling patience for growing a full-size garden. Plenty of how-to help is included. Muskogee Phoenix Online