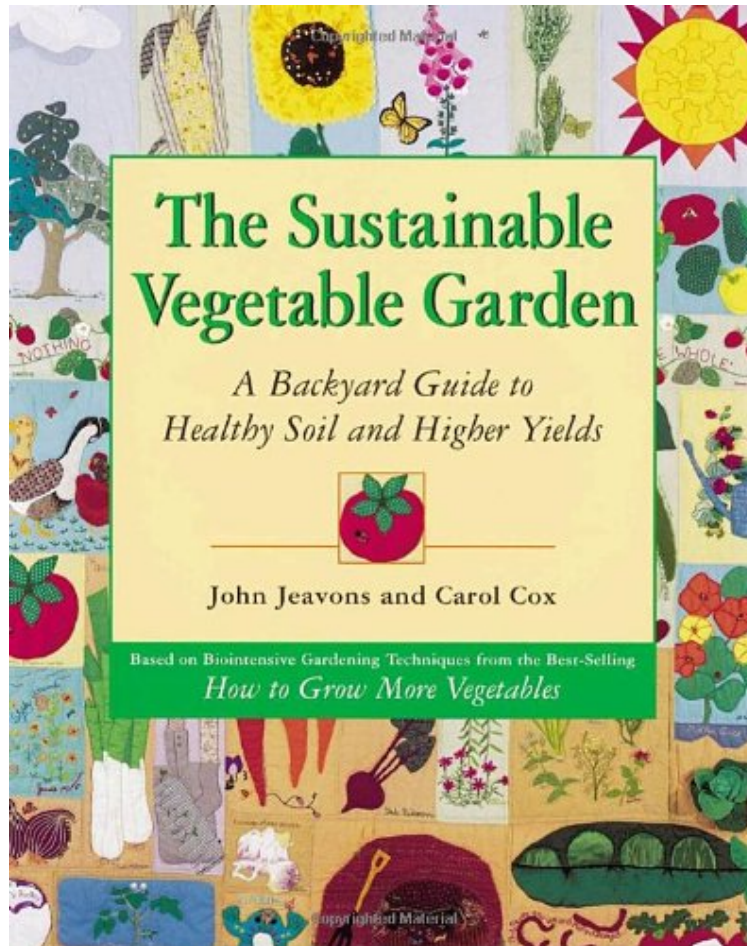


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# The Sustainable Vegetable Garden: A Backyard Guide to Healthy Soil and Higher Yields

John Jeavons, Carol Cox

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**John Jeavons, Carol Cox : The Sustainable Vegetable Garden: A Backyard Guide to Healthy Soil and Higher Yields** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Sustainable Vegetable Garden: A Backyard Guide to Healthy Soil and Higher Yields:

6 of 6 people found the following review helpful. Good supplement to "How to Grow More Vegetables..." By Mr. HI also have "How to Grow More Vegetables..." which is very comprehensive, if not a little overwhelming. This pared-down version of that book is a much simpler, easier to read instruction for this version of gardening. I found the planting charts easier to read and it narrows its focus to just the most common vegetables grown in an American garden. I'll be referencing back to the original book for the "other" vegetables and cover crops. My only complaint or "unfulfilled desire" is that this book, as well as most gardening books out there, do not look at the many climates we

have in the states. I live in central Florida, which has a sub-tropic (aka Caribbean or SE Asian) type of climate. Our growing season and available "traditional" crops are much different from the rest of the 90% of the US, including southern CA, which has more of a Mediterranean climate. I wish that Mr Jeavons would create a publication that dives into the many climate regions that the US has and the challenges and benefits of each region. All-in-all...a quality publication that is a useful starting point for beginners and a good reference or checkpoint for veterans. 1 of 1 people found the following review helpful. Lots of good information. I'll keep as a reference. By Pbbland Lots of good information. I'll keep as a reference. Easy read. Kind of synopsis of the "Grow Biointensive" framework. Recommended. Lost a star because the original biointensive stuff is more complete. 2 of 2 people found the following review helpful. Over-Simplified Version of "How to Grow More Vegetables" By Jaime v Jovanovich -Walker I was hoping for a companion book to the incredible "How to Grow More Vegetables Than You Ever Thought Possible," but it is just an overly simplified, watered-down version of the book. There is still some great information in it, but disappointing from the standpoint of an experienced gardener or one who has already been using the biointensive method to begin with.

From the author of our best-selling and widely beloved HOW TO GROW MORE VEGETABLES comes this "quick and dirty" introduction to biointensive gardening that shows it is not only possible but easy to grow astonishing crops of healthful organic vegetables and fruits, while conserving resources and actually helping the soil. A revolutionary approach to feeding ourselves and nurturing the land, this book includes:- Step-by-step illustrations and instructions that make these techniques simple for even the novice gardener.- Everything you need to know about planning crops, composting, harvesting, and more.- Complete resources for seeds, tools, and other garden supplies. Feed a family of four on the bounty of your backyard, or just get more out of your garden with less effort with this wonderful resource.

From Library Journal Jeavons and Cox offer a less technical version of Jeavons's best-selling book on biointensive gardening, *How To Grow More Vegetables Than You Ever Thought Possible on Less Land Than You Can Imagine*, published over 25 years ago. Written for both the beginner and the experienced gardener, this new book shows how to cultivate 11 commonly grown vegetables, calorie crops (beans), or compost crops in 100-square-foot plots using organic, soil-enriching methods. The authors discuss biointensive gardening theory, preparing garden beds, composting, starting seeds, growing crops, and collecting seeds. They offer detailed instructions and equations showing how to calculate how many seeds to plant to get the necessary seedlings to fill the suggested garden plans and suggest ways to customize garden plots. While the equations are easy to follow, the calculations and numerous charts may intimidate the beginner, who may also need more information on gardening techniques. Recommended especially for experienced gardeners interested in biointensive gardening. ASue O'Brien, Downers Grove P.L., IL Copyright 1999 Reed Business Information, Inc. From Booklist More than 25 years ago, Jeavons wrote the best-selling *How to Grow More Vegetables*, which sold more than 350,000 copies in seven languages. It was a how-to book on high-yield, biologically intensive food-raising techniques. His new book, coauthored by Carol Cox, is a somewhat simpler book written for gardeners trying biointensive gardening for the first time. The focus is on the soil; and a good way to ensure sustainable soil fertility, the authors say, is the biointensive method of growing food. To achieve this, they give instructions and suggestions on what to grow; preparing biointensive beds, compost, and plating; growing compost crops, such as vetch, fava beans, wheat, and rye; and growing "calorie crops" (wheat, oats, dry beans, and corn). The authors make suggestions on companion planting--i.e., which crops to put beside each other for the best results. George Cohen About the Author JOHN JEAVONS is a cofounder of the group Ecology Action and the father of the modern biointensive gardening movement. He lives in Willits, California, where he has been growing more vegetables for decades.