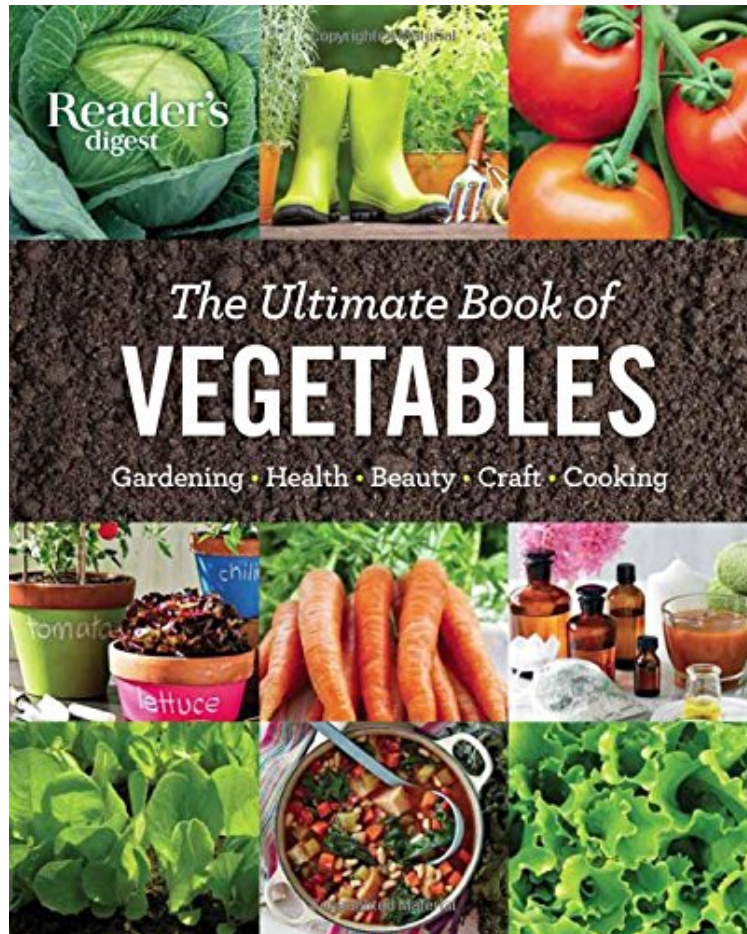


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The Ultimate Book of Vegetables: GARDENING, HEALTH, BEAUTY, CRAFTS, COOKING

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1 of 1 people found the following review helpful. Five StarsBy Raquel H ParrishLove this book learned a lot with some great recipes as well

The Editors of Readers Digest present the definitive A-Z guide to vegetables and how to grow and use them.This complete illustrated guide to vegetables unlocks the secrets of natures bounty with comprehensive information on the planting, harvesting, and storing of vegetables, together with a wealth of great ideas for using them in cooking,

healthcare, crafts, vegetable dyes, home products, beauty treatments, and more.