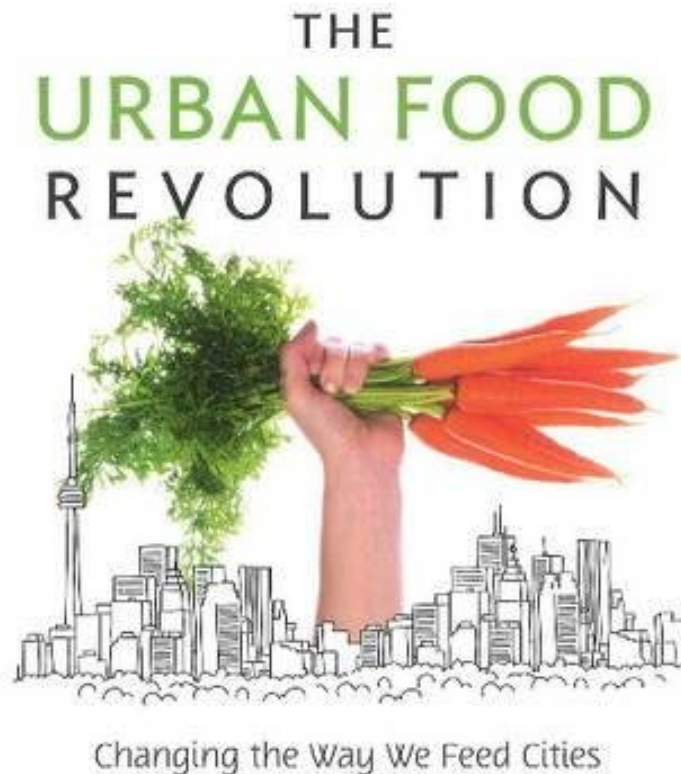


The Urban Food Revolution: Changing the Way We Feed Cities

Peter Ladner

*ePub | *DOC | audiobook | ebooks | Download PDF*



PETER LADNER

DOWNLOAD



READ ONLINE

#971580 in Books 2011-11-15Original language:EnglishPDF # 1 8.90 x .80 x 6.00l, 1.00 #File Name: 0865716838304 pages | File size: 22.Mb

Peter Ladner : The Urban Food Revolution: Changing the Way We Feed Cities before purchasing it in order to gage whether or not it would be worth my time, and all praised The Urban Food Revolution: Changing the Way We Feed Cities:

0 of 0 people found the following review helpful. Quality Food Sourcing EducationBy Cameron SegardAs someone with minimal background on urban farming this was very informative in the ways we as a society can regain control of the food we eat. As well as how detrimental the lack of fresh and healthy food can have on food deserts in low income / repressed area of any country. I know I will be more conscious of the food choices I make while not excessively

burdening myself financially. Everyone making a small step to healthier foods will bring more jobs to your area and hopefully reduce carbon emissions. In the end we all want affordable healthy foods for everyone, and we'll have to work together to get there. 0 of 0 people found the following review helpful. Local Food for All By Robena D. Robinett Another great resource on growing and sharing the produce from one's garden. I was aware many 'grassroots groups' were growing flowers and veggies, but this was eye opening. We CAN solve a lot of hunger issues. Now to convince school boards and local governments to support local gardens. I underlined a lot of facts in this book! 0 of 0 people found the following review helpful. A Must SEE! By tristan Absolutely touching! If you can not read it don't eat it! This will make you change how you feel about school lunches!

Our reliance on industrial agriculture has resulted in a food supply riddled with hidden environmental, economic, and health care costs and beset by rising food prices. With only a handful of corporations responsible for the lions share of the food on our supermarket shelves, we are incredibly vulnerable to supply chain disruption. The Urban Food Revolution provides a recipe for community food security based on leading innovations across North America. The author draws on his political and business experience to show that we have all the necessary ingredients to ensure that local, fresh sustainable food is affordable and widely available. He describes how cities are bringing food production home by: Growing community through neighborhood gardening, cooking, and composting programs Rebuilding local food processing, storage, and distribution systems Investing in farmers markets and community supported agriculture Reducing obesity through local fresh food initiatives in schools, colleges, and universities Ending inner-city food deserts Producing food locally makes people healthier, alleviates poverty, creates jobs, and makes cities safer and more beautiful. The Urban Food Revolution is an essential resource for anyone who has lost confidence in the global industrial food system and wants practical advice on how to join the local food revolution. Peter Ladner has served two terms as a Vancouver City Councilor. With more than thirty-five years of journalistic experience, he is a frequent speaker on community issues and has a special interest in the intersection of food policy and city planning.

After decades of food delivered by industrial agriculture based on cheap oil, we are learning the health costs to our own bodies and the biosphere are too great. A revolution in food where, how, and when its grown is now sweeping urban centres. Read this book to see why it matters and how we can do it. David Suzuki, Canadian environmental activist, professor emeritus, University of British Columbia, host of CBC's The Nature of Things, author of 43 books, recipient of 25 honorary doctorates as well as numerous awards, including the Order of Canada. As a farmer I'm amazed by the amount of discussion and debate there currently is about food systems and farming. Its overwhelming, but Peter Ladner really separates the wheat from the chaff. If you want to get your head around the important developments without ending up with a headache, this is the book for you. Wally Satzewich, developer, SPIN-Farming