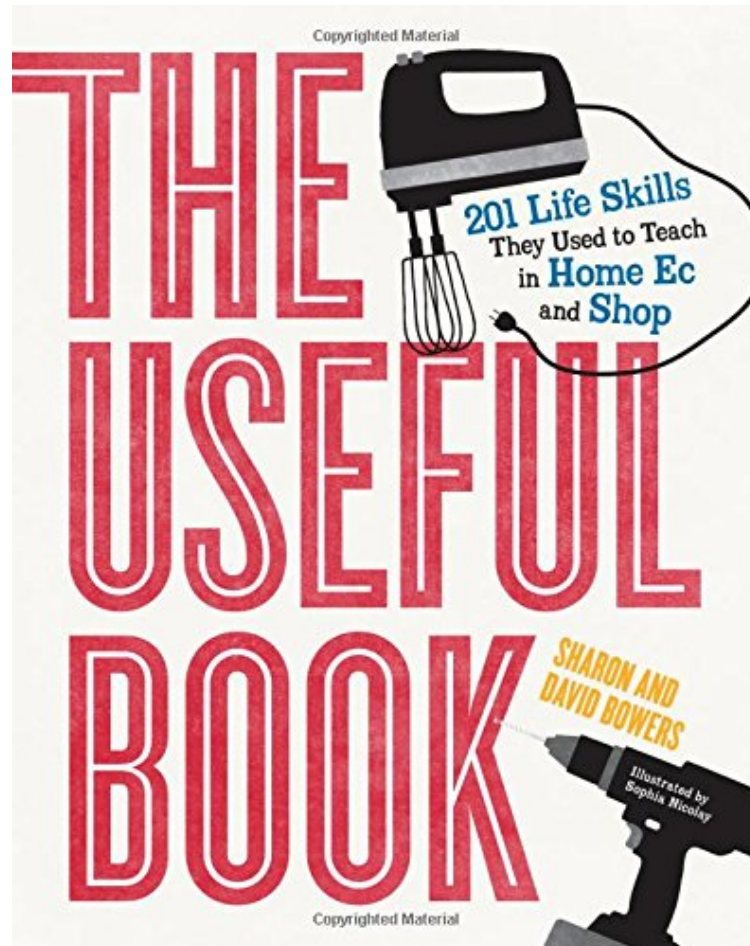


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# The Useful Book: 201 Life Skills They Used to Teach in Home Ec and Shop

David Bowers, Sharon Bowers

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before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Useful Book: 201 Life Skills They Used to Teach in Home Ec and Shop:

5 of 5 people found the following review helpful. Best book for those preparing to live on their own soon. By jediIf you buy one book about basic skills for yourself or a young person on their own for the first time, or better yet a teen preparing to live on their own soon enough, THIS IS IT! I wish this was around 20 years ago when I was leaving home for the first time. FILLED with practical advice, how-to, and solutions from all aspects of commonly needed life skills that are currently neglected in education course work. Clear instructions and easy to follow. A must have! I'm going to order one for each of my nieces and nephews. 2 of 2 people found the following review helpful. Excellent Resource! By

Barbara R. Great resource to have for learning/refreshing how to do basic household tasks, plus more complex jobs, too. For example, how to cook, sew, plumbing, household maintenance and repairs, and much, much more. Highly recommend "The Useful Book"! 3 of 3 people found the following review helpful. Perfect for life skills prep. By MAP. Plenty here and well organized. Perfect for life skills prep.

A modern and energetically designed encyclopedia of DIY with everything you need to know to roll up your sleeves and cook it, build it, sew it, clean it, or repair it yourself. In other words, everything you would have learned from your shop and home ec teachers, if you'd had them. The Useful Book features 138 practical projects and how-tos, with step-by-step instructions and illustrations, relevant charts, sidebars, lists, and handy toolboxes. There's a kitchen crash course, including the must-haves for a well-stocked pantry; how to boil an egg (and peel it frustration-free); how to grill, steam, sauté, and roast vegetables. There's Sewing 101, plus how to fold a fitted sheet, tie a tie, mop a floor, make a bed, and set the table for a formal dinner. Next up: a 21st-century shop class. The tools that everyone should have, and dozens of cool projects that teach fundamental techniques. Practice measuring, cutting, and nailing by building a birdhouse. Make a bookshelf or a riveted metal picture frame. Plus: do-it-yourself plumbing; car repair basics; and home maintenance, from priming and painting to refinishing wood floors.

"Married couple Sharon Bowers (Candy Construction) and David Bowers (Dads Own Housekeeping Book) serve as mom-and-pop guides through the never-ending task of housekeeping in this handy book of how-tos.... Readers learning to live on their own will want to have this book on hand." -Publishers Weekly [will] leave you feeling brilliantly self-sufficient -BookPage "anyone who studiously read the book cover to cover would become the paragon jack of all trades. -Arkansas Democrat Gazette