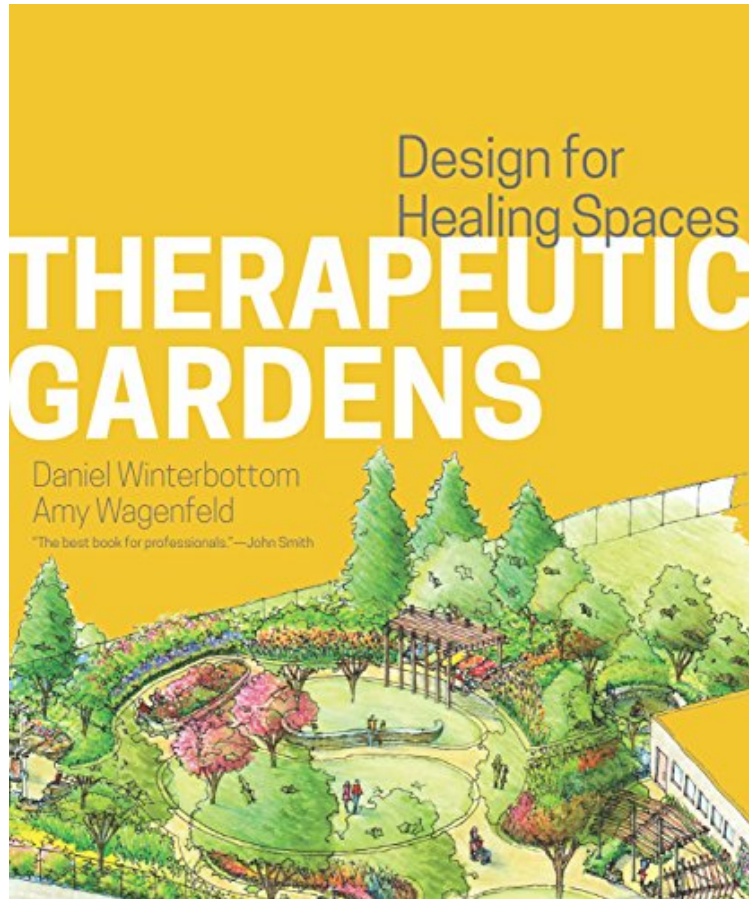


(Mobile book) Therapeutic Gardens: Design for Healing Spaces

## Therapeutic Gardens: Design for Healing Spaces

*Daniel Winterbottom, Amy Wagenfeld*  
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#127547 in Books imusti 2015-05-19Original language:EnglishPDF # 1 9.10 x 1.00 x 7.60l, .0 #File Name: 1604694424324 pagesTimber Press OR | File size: 67.Mb

**Daniel Winterbottom, Amy Wagenfeld : Therapeutic Gardens: Design for Healing Spaces** before purchasing it in order to gage whether or not it would be worth my time, and all praised Therapeutic Gardens: Design for Healing Spaces:

2 of 2 people found the following review helpful. While this book looks and reads like a University level textbook for a landscape design classBy AC enjoying a good readWhile this book looks and reads like a University level textbook for a landscape design class, the pages are packed with information that I plan to put to use as a home gardener. The "design considerations" throughout the book provide both insight into the needs of the people who will use the gardens and advice on how to meet the needs.I like the way the book is organized:At times, I have physical challenges. I want a place to reflect, remember, and take refuge. I am a learner. I want a garden that nourishes my sensory system. I don't have cancer, dementia, or PTSD, but there is useful information in this book for designing a garden for people who do. This books answers the questions, "What garden design elements does this particular person need?" "What design elements should be avoided?" "Why?" and "Why not?"The examples shown in the book provide for clear understanding of the underlying design principles.5 of 5 people found the following review helpful. Excellent --

Nothing else compares to this book  
By RDubsI have several books on therapeutic gardens but as an Occupational Therapist, I really wanted to find something that would show how to use a natural space to invite and promote various ways of engaging in nature for different ages and populations. This book is terrific -- nothing else like it. Thank you for such a lovely and instructive guide.  
2 of 3 people found the following review helpful. It's not what I thought it would be.  
By BrinybayThis is not for the lay person or beginning gardener/homeowner wanting to learn how to plan and design. This is more of an overview/introduction for professionals who are already familiar with landscape designs and the different methods for drawing them. Although the language used sounds very "therapeutic" in itself, I prefer something that cuts through the gobbledy-gook and gets to the nitty-gritty of plant lists, material lists, planting methods, and where to position them and when to plant them. To be fair, I may be overthinking what I want to do to, that is a woodland setting and the philosophy of "all gardens are therapeutic" and just do what's appealing to me. But I'm also trying to save myself a lot of wasted time and money from mistakes, that's what I was hoping to get from this book.

Winner of the 2016 Environmental Design Research Association Great Places Book Award In Therapeutic Gardens, landscape architect Daniel Winterbottom and occupational therapist Amy Wagenfeld present an innovative approach that translates therapeutic design principles into practice. This comprehensive book uses examples from around the world to demonstrate how healing spaces can be designed to support learning, movement, sensory nurturance, and reconciliation, as well as improved health. This important book sheds lights on how the combined strength of multiple disciplines provide the tools necessary to design meaningful and successful landscapes for those in the greatest need.

This incredible book has that rare combination of beautiful design and applied therapeutic science, which together make it a complete, balanced, and valuable resource. Charles Christiansen, Executive Director of the American Occupational Therapy Foundation Beautifully illustrated and clearly written from a cross-disciplinary perspective. . . . an outstanding contribution to the field of therapeutic garden design. Reuben Rainey, FASLA, Co-director of the Center for Design and Health at University of Virginia Expertly captures the art of designing therapeutic gardens. Teresia Hazen, Coordinator of the Therapeutic Garden Program, Legacy Health in Portland, Oregon Demonstrates how a thoughtful and imaginatively designed garden can assume its rightful place alongside the cadre of helping professions, offering relief, respite, and even repair for what ails the mind, body, and spirit. Kenneth Helphand, FASLA, Philip H. Knight Professor Emeritus in the Department of Landscape Architecture at University of Oregon From private to prison gardens and gardens for veterans, immigrants, and the homeless, this richly illustrated landmark introduction to therapeutic living spaces will inspire gardeners of all kinds to think more deeply about the holistic and healing potential of their spaces. Booklist The authors clearly demonstrate the value added by infusing the design, from its initiation, with input from the gardens potential users. . . . Anyone directing the establishment of a garden in a public space will find these strategies for inclusive design useful. Library Journal This well-researched and written, fact-based handbook is full of advice for anyone new to therapeutic garden design definitely a book worth having. The Garden A practical guide that demonstrates the supportive role of green space. Gardens Illustrated Readers seeking ideas and models will happily wear this book out. Planning magazine This book is a rare piece of interdisciplinary collaboration between a landscape architect and occupational therapist and functions as both a source of inspiration for students and practicing landscape architects and a manifesto for compassionate, user-centered design. It adds a valuable voice to an ongoing conversation in our profession. Therapeutic Landscapes Network