

(Read now) Tropical Fruit of the Philippines

Tropical Fruit of the Philippines

Desmond Tate

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Desmond Tate : Tropical Fruit of the Philippines before purchasing it in order to gauge whether or not it would be worth my time, and all praised Tropical Fruit of the Philippines:

0 of 0 people found the following review helpful. Very informative with beautiful illustrations. By fred6301 lots of information including recipes, medical usage, and other interesting information about what are exotic fruits for most Americans

The hot, humid and vibrant tropical climate nurtures a wide variety of delicious fruit which grow in abundance. This beautifully produced book introduces readers worldwide to the best tropical fruit, with hints on how to recognize them, enjoy them, get the best out of them. There are recipes from some of the best kitchens in the region--those five-star hotels--to stimulate the culinary imagination, and tips on natural properties--nutritional and medicinal. Commissioned botanical paintings show the fruit in all their glory, including some details and cross-sections. Scientific and English names are given, as well as many local common names. Avocado, Bael fruit, Banana, Bignay, Bilimbi, Breadfruit, Cashew, Casimroa, CHempedak, Coconut, Custard Apple, Duku, Durian, Gandaria, Gian granadilla, Guava, Jackfruit, Lime Longan, Lychee, Mabolo, Malay Apple, Mango, Mangosteen, Papaya, Passion Fruit, Persimmon, Pineapple, Pomengranate, Pomelo, Pumpkin, Rambutan, Sapodilla, Sea Apple, Snakefruit, Soursop, Star Fruit, Sugar Apple, Tamarind, Watermelon