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What Is Biodynamics?: A Way to Heal and Revitalize the Earth

Rudolf Steiner

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Rudolf Steiner : What Is Biodynamics?: A Way to Heal and Revitalize the Earth before purchasing it in order to gage whether or not it would be worth my time, and all praised What Is Biodynamics?: A Way to Heal and Revitalize the Earth:

1 of 1 people found the following review helpful. I enjoyed it thoroughly By Kindra J Stubbs This book came on time, and the content was exactly what I thought it was. I enjoyed it thoroughly. It was in great condition too. 17 of 19

people found the following review helpful. The Truth about BiodynamicsBy CustomerThis book tells the whole truth about the basis of biodynamics. I am very grateful nothing was held back in order to appeal to people who are not comfortable with something other than a materialistic approach to the reality of the earth and its processes.7 of 10 people found the following review helpful. Hope it worksBy WeedsGlad to get to read the book. Almost finished. I will try out the methods and then give a better analysis of the situation. Hope it really does work. I once did see the large garden of a man who used the method and also rock fertilizers and was astonished at his results on clay "soil".

In 1924in response to questions about the depletion of soils and a general deterioration of crops and livestockRudolf Steiner gave eight lectures on the spiritual foundations for a renewal of agriculture. Based on his suggestions and spiritual science, generations of farmers, gardeners, viticulturist, and researchers developed biodynamics as a healing, nurturing, holistic, ecological, organic, and spiritual approach to a sustainable care of the Earth. Biodynamic methods consider the farm or garden to be a self-contained organism, embedded in the living landscape of the Earth, which is in turn part of a living, dynamic cosmos of vital, spiritual energies. The aim is to increase the health and vitality of the whole, including the farmer or gardener. The biodynamic practitioner follows an alchemical, transformative path of working with the Earth through the nine homeopathic preparations created by Steiner. *What Is Biodynamics?* collects seven seminal lecturesfour on developing a spiritual perception of nature and three from his Agriculture Course, dealing with the preparations. Hugh Courtney of the Josephine Porter Institute for Applied Biodynamics contributes an informative, passionate, and visionary introduction. Whether you are concerned with the quality of agriculture and gardening in particular or have a broader interest in the ecological crises facing us today, this book offers a transformative approach that can truly change the way we live together on Earth.

About the AuthorRudolf Steiner (18611925) was born in the small village of Kraljevec, Austro-Hungarian Empire (now in Croatia), where he grew up. As a young man, he lived in Weimar and Berlin, where he became a well-published scientific, literary, and philosophical scholar, known especially for his work with Goethes scientific writings. At the beginning of the twentieth century, he began to develop his early philosophical principles into an approach to systematic research into psychological and spiritual phenomena. Formally beginning his spiritual teaching career under the auspices of the Theosophical Society, Steiner came to use the term Anthroposophy (and spiritual science) for his philosophy, spiritual research, and findings. The influence of Steiners multifaceted genius has led to innovative and holistic approaches in medicine, various therapies, philosophy, religious renewal, Waldorf education, education for special needs, threefold economics, biodynamic agriculture, Goethean science, architecture, and the arts of drama, speech, and eurythmy. In 1924, Rudolf Steiner founded the General Anthroposophical Society, which today has branches throughout the world. He died in Dornach, Switzerland.Hugh Courtney, a veteran and librarian, discovered Steiners agriculture course in 1975 at a health food store in College Park, Maryland. This led him to Josephine Porter, who was making biodynamic preparations according to Steiners indications. He apprenticed under Josephine and, when she died in 1984, took up her work. He created the Josephine Porter Institute in Woolwine, VA, where he has been making and selling preparations (six compost preparations and 3 others), editing the newsletter *Applied Biodynamics*, and consulting on all aspects of the biodynamic approach.