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## Wild Food in Australia

*A. B. Cribb*

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**A. B. Cribb : Wild Food in Australia** before purchasing it in order to gage whether or not it would be worth my time, and all praised Wild Food in Australia:

0 of 0 people found the following review helpful. A lifetime of researchBy DJ ArboretumOriginally published in the 1970's this book predates the current interest in Australian bush foods. The authors bring together fascinating details from historical records and their own experiences eating bush tucker to provide a overview of the edibility and tastiness of bush foods. I would take care however and refer to more recent publication before spontaneously eating anything growing in the bush. More research into the effect of native plants, will have clarified the safety of things like Nardoo, which interferes with vitamin B1. Other foods like wattle seeds are now commercially available.

lateral branches to be arranged