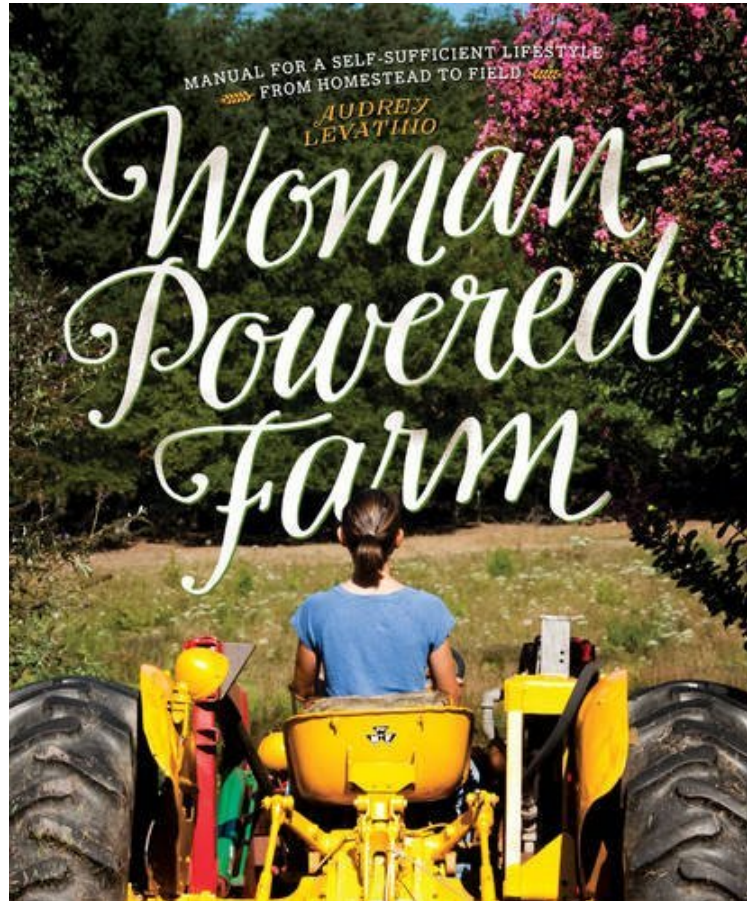


Woman-Powered Farm: Manual for a Self-Sufficient Lifestyle from Homestead to Field

Audrey Levatino

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Audrey Levatino : Woman-Powered Farm: Manual for a Self-Sufficient Lifestyle from Homestead to Field before purchasing it in order to gage whether or not it would be worth my time, and all praised Woman-Powered Farm: Manual for a Self-Sufficient Lifestyle from Homestead to Field:

11 of 11 people found the following review helpful. And the step-by-step photography of actual women demonstrating the tools and many other chores on the farm is incredibly usefulBy ebooks waste batteriesFinally a book that approaches farming from a woman's perspective. Our bodies do operate differently and this book is a valuable resource for choosing and using tools. And the step-by-step photography of actual women demonstrating the tools and many other chores on the farm is incredibly useful to anyone, regardless of gender. Highly recommended for those just starting out and plenty of great ideas for the more seasoned farmer/grower/animal raiser.0 of 0 people found the following review helpful. Teaches useful skills in a simple way, with picturesBy Vincent HindinThis book includes a lot of ideas and starting methods for a person to run a farm.Having a homestead, particularly in a rural area, can

require a higher degree of self-sufficiency. Levatino makes sure we remember to maintain things like septic tanks and chimneys, for safety. She also gives great tips on starting a garden or indoor greenhouse. She gives a perspective on what your goals should be as a homesteader, and how you should aim to benefit from the experience. The book is fun to just look at because of the pictures, and helps bring your farm dream down to a reality that can happen! 0 of 0 people found the following review helpful. Five Stars By Elmo5 Informative

To go-to guide for women who want to be part of the farming revolution. Women are leading the new farming revolution in America. Much of the impetus to move back to the land, raise our own food, and connect with our agricultural past is being driven by women. They raise sheep for wool, harvest honey from their beehives, grow food for their families and sell their goods at farmers' markets. What does a woman who wants to work the land need to do to follow her dream? First, she needs this book. It may seem strange to suggest that women farmers need a different guide than male farmers, but women often have different strengths and goals, and different ways of achieving those goals. Audrey Levatino shares her experiences of running a farm and offers invaluable advice on how to get started, whether you have hundreds of acres or a simple lot for an urban community garden. Filled with personal anecdotes and stories from other women farmers, from old hands to brand new ones, from agricultural icons like Temple Grandin, to her own sister, this book is a reassuring and inspirational guide that discusses: Should you do an internship or jump right in? How to find a farm or how to handle one that you've inherited Best practices for selling at the farmers market and how to sell your goods locally Farmhouse chores and how to get them done right How to handle large power tools, including a chainsaw Planning and growing an organic farm garden Incorporating animals as part of a farm ecosystem Where to get started if you want to farm-school your kids Tips for keeping your mind, body and spirit healthy while undertaking the demanding nature of farm work It's all here, in the same warm and friendly voice that readers embraced in *The Joy of Hobby Farming*. Full-color photography throughout provides step-by-step instructions for anything you'll need to do on your farm. 75 color photos

Woman-Powered Farm is a valuable book for female farmers across the country. Its encouraging, its practical, and its a reminder that in this male-dominated culture, women can more than hold their own on a farm. - *Hobby Farms* Agricultural pursuits, whether in urban or community gardens, or across acres of land, are more and more under the aegis of women. Levatino (*The Joy of Hobby Farming*), a farmer herself, takes readers into the growing field of women-controlled farming. From entrepreneurial pursuits in farmers markets to small business and traditional farms, Levatino outlines how women can build a self-sufficient life. Highlighting specific situations and concerns that women may encounter, such as understanding individual goals; finding experience with internships and other farm education; purchasing or leasing land; and the basics of chores, animal care, and crops, including issues of health and strength, the author offers chapters on the business side of farming and farm schooling to create a full-circle analysis of the subject, while stories from other female farmers lend an inspirational touch to an otherwise information-rich work. VERDICT A comprehensive volume on farming for women beginning to contemplate the industry, whether as a hobby or for a living. Personal anecdotes and a friendly tone don't overshadow the wealth of information in this book. - *Library Journal* **STARRED REVIEW** About the Author Audrey Levatino has been farming for thirteen years. For the last eight she has been growing specialty cut flowers and selling them at local farmers' markets, florists, restaurants, and for weddings. She and her husband, Michael, are the authors of *The Joy of Hobby Farming*. They care for crops and a menagerie of animals on their 23-acre farm, Ted's Last Stand, near Gordonsville, Virginia. Michael Levatino works off the farm at a major publishing house, and is the co-author of *The Joy of Hobby Farming*. His twenty-three-acre farm, Ted's Last Stand, is located outside of Gordonsville, Virginia.