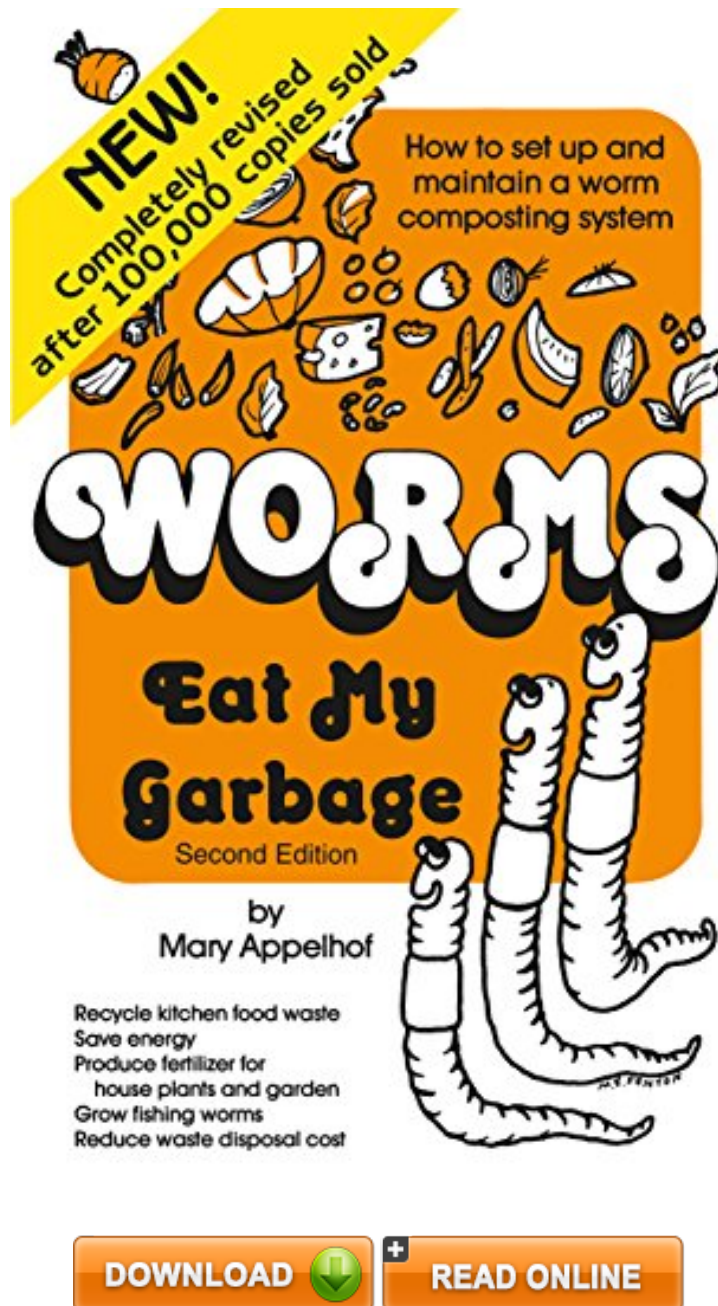


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Worms Eat My Garbage: How to Set Up and Maintain a Worm Composting System, 2nd Edition

Mary Appelhof

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Mary Appelhof : Worms Eat My Garbage: How to Set Up and Maintain a Worm Composting System, 2nd Edition before purchasing it in order to gage whether or not it would be worth my time, and all praised Worms Eat My Garbage: How to Set Up and Maintain a Worm Composting System, 2nd Edition:

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The book that started a backyard worm revolution! With more than 150,000 copies sold, this is the bestselling and remains the definitive guide to vermicomposting--a process using red worms to recycle human food waste into nutrient-rich fertilizer for plants. Author Mary Appelhof provides complete illustrated instructions on setting up and maintaining small-scale worm composting systems. Internationally recognized as an authority on vermicomposting, Appelhof worked with worms for over three decades. Topics include: bin types, worm species, reproduction, care and feeding of worms, harvesting, and how to make the finished product of potting soil.

"[This book] supplies everything you want to know about worm composting but didn't know where to ask."--Green Living Magazine"... people ... will thank [Appelhof] for showing us ... how we can eat better food by growing gardens with wormpower."--Pete Seeger, folksinger, environmental activist"You might say that Kalamazoo has become the epicenter of vermiculture (a fancy name for worm composting) ..."--Anne Raver, The New York TimesAbout the AuthorMary Appelhof, prepared by masters degrees in biology and education, spent over 30 years working to develop a system for using redworms to process organic waste. Recognized as an international authority and lecturer on small-scale vermicomposting she received many honors including a National Science Foundation Grant and the National Recycling Coalitions Recycler of the Year 2005, Lifetime Achievement. Mary coordinated the highly successful Workshop on the Role of Earthworms in Stabilization of Organic Residues, compiling its proceedings. She also hosted the Vermillenniumin 2000, which was attended by 129 scientists and worm workers from 19 countries. A former high school biology teacher Mary had the ability to present scientific information in a format easily understood by the layperson. This is evident in the number of lectures she gave internationally during her lifetime. Author of Worms Eat My Garbage her self-published book has sold over 200,000 copies and continues to be the handbook on vermicomposting. Mary, the Worm Woman of Kalamazoo, died in 2005.