

(Free pdf) Zen in the Art of Permaculture Design

Zen in the Art of Permaculture Design

Stefan Geyer

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Stefan Geyer : Zen in the Art of Permaculture Design before purchasing it in order to gage whether or not it would be worth my time, and all praised Zen in the Art of Permaculture Design:

2 of 2 people found the following review helpful. I'd recommend enjoying the book in small bites with sufficient time ...By Sndor CsikI have limited knowledge of both Zen and Permaculture and found this book to be a fascinating way

to interweave them without confusing me further. I experienced it not as a precise guidebook, but as a book aimed at stimulating intuitive understanding. Its small size might misleadingly suggest that it will be a brief read which was not the case with me and I suppose will not be the case for most other readers. I'd recommend enjoying the book in small bites with sufficient time to digest.

How to use permaculture design as a catalyst for a shift of perception about our place in the world Do you wish to creatively engage with the wickedly complex problems of today, while not adding to the mess? Do you want to consciously act with clarity and grace whilst living on a thriving planet? Do you want a fair society, where people care for each other, their children and grandchildren? Stefan Geyer shows how permaculture, infused by insights from the Zen tradition, can be a modern means to liberation from our societys present woes. Permaculture is a new regenerative culture, and permaculture design is the method to get there, offering emancipation and emboldening us to think in joyfully expansive, daringly experimental, and creatively caring new ways. Each page of this pocket-sized book of quiet lightning and gentle earthquakes presents a permaculture idea or theme as a catalyst for creative thought. Together they articulate a process of awakening that can help us become intimately aware of how nature works. As we become more sensitive to our place within the natural world, we see our own nature within it.

About the AuthorRetired naturopath, intermittent beekeeper, and irregular artist, Stefan Geyer is a permaculturist and born-again hotelier (at St Althans Hotel in Bloomsbury) who struggles to take himself seriously. Stefan served as Chair of the Permaculture Association (Britain) for 6 years and is currently trying to work out how to embrace chaos in a useful way, explore service as the only meaningful option, and stay as present and openhearted as possible.